

"A Mark of a Godly Woman: Being Emotionally Healthy"
1 Peter 1:13-16; Philippians 4:4-13

"Feelings are wonderful servants of reality, but feelings are horrible creators of "reality". Without objective truth all we will be left to determine "reality" is how we feel and that is a sure way to never find God. For God is not found in our feelings, but He is found in the objective truth of His Word."

*"The pattern of your emotions will give you a reading into where your hope is found. What we are emotional about reveals what we love, what we trust, and what we fear. Are we **emotionally "drunk"** or are we **emotionally "sober"**?"*

- Defining Terms:
 - We are **emotionally "drunk"** when our focus is on ourselves, not on what will give God glory. We are emotionally "drunk" when we think how we feel is more real than what God says. We are emotionally "drunk" when we want the world more than we want to know Christ. We are emotionally "drunk" when we determine truth by how we feel instead of how we feel flowing out of what is true.
 - We are **emotionally "sober"** when we strive to do everything we do for the glory of God. We are emotionally "sober" when we believe and act on what God says even when we don't feel like it. We are emotionally "sober" when we want more of Christ than we want more of anything else. We are emotionally "sober" when our feelings fall in line with biblical truth.

- 1 Peter 1:13-16
 - We must prepare our minds or discipline our minds that God's Word is true. You will discipline your mind to trust your *feelings* or *God*.
 - Faith is trusting God with today and hope is trusting God with tomorrow. Obeying or trusting God has eternal reward.
 - Obedience comes from knowing, acting on, and believing God and His Word (Holiness).
 - Disobedience comes from ignorance, acting on and believing your feelings (Sin).

- Philippians 4:4-13
 - We are not slaves to our emotions, they can be trained.
 - We must ask God for the grace to be humble and content in our circumstances.
 - Do not be anxious, pray like you believe God and His Word.
 - God's peace guards our hearts and minds if we are in Christ.
 - Think on things that make me believe God and His Word.
 - Practice the things that you find in God's Word.

Worship: I Stand Amazed — Norton Hall Band

Rock of Ages — The Modern Post

He Will Hold Me Fast — Norton Hall Band

Closing Song: Nothing But the Blood — Various Artists

Service Times: Sundays: Prayer 4:30/Church 5:30; Tuesdays: (In-Home) Bible Study: Women 6:30/Men 6:30 & 7; Thursdays: Prayer 6:20/Church 7

Announcements:

★**DONATIONS:** *NEXT* Sunday is the *LAST* day we will be collecting monetary donations for the Lambs, one of the missionary families that we support as a church body. For more information about the Lambs, their life, and work in Papua New Guinea please see the board on the back table. There is a container on the back table for your monetary donations. You can also give on Venmo, please make sure to note that your donation is for the Lambs.

★**FOURTH OF JULY SERVICE:** We will be having our annual "4th of July" service on Sunday, July 2nd, at Andy Wesley's house (1062 National Drive SE; Hebron) at 5pm! There is a sign-up list on the table in the entryway, please sign-up to bring a food item to this event. Please bring any yard games that you have and bring your lawn chairs! Mark your calendars and plan on attending our annual outdoor Worship Service and Fellowship Dinner!

★**NEW MEMBERS CLASS:** If you are interested in church membership, we will be offering a 3 week New Members Class starting on Sunday, July 16th, from 4-5pm in the Fellowship Hall. This is also something we would encourage our current church members to participate in, as we will be working through our By-Laws, Statement of Faith (our church's belief on Salvation, Baptism, Marriage, Eschatology, etc.), why our church has church membership, and the roles of Elders and Deacons in the church. There is a sign-up list on the table in the entryway, please sign-up if you are interested in participating in the New Members Class. If you are unable to participate in this class in July, we will be offering the New Members Class again in October.

★**FELLOWSHIP DINNER:** We are having a Fellowship Dinner TONIGHT immediately following the worship service. EVERYONE is invited to stay to enjoy the dinner and fellowship with us!